

# Walking and Talking in Lucca

20 hrs/week group course in the morning from 9:15 am to 1 pm and fascinating walks through the natural beauty the region has to offer





1 week-program €670 Special price for one additional week: Italian Language and Culture €180

Italian Walking & Talking is a 1-week long program for people who would like to combine learning Italian in the mornings with afternoons spent walking through the various types of natural beauty Tuscany has to offer.

Students discover the beautiful tuscan scenery with an expert guide and language teacher who shares their love of walking off the tourist track.

Please note, the course requires a minimum of two students.





## **Walking and Talking**



## **Monday**

## La città: An urban walk "The City from the Walls"

This walk will help you get to know Lucca and the surrounding areas from the viewpoint of the Renaissance walls that encircles the city. The impressive green belt surrounding the historical center proposes a special way to admire the ever-changing scenery of the beautiful view of hills in the distance, or the city below with its unique charm of an ancient history and a modern daily life.

#### **Tuesday**

La collina: A walk through the olive groves and vineyards that surround the historical homes of the old nobility of Lucca. When you think about Tuscany, you probably visualize medieval villages, old churches, green cypress-lined roads and even hidden corners, set within a picturesque landscape of green fields, vineyards, silvery-green olive trees and rolling down hills. Well the good news is that it genuinely exists!

#### Wednesday

#### Il mare: A walk down by the sea

This walk starts in the Natural Park along the beautiful tuscan coastline where you will walk through the shaded paths snaking through copses of oak, alder, pine and junipers trees and explore the moorlands and the dunes, before finally reaching the sandy beaches of the Tyrrhenian Sea.

## **Thursday**

**La montagna:** A walk through the mountains. This walk will take you through the mountains north of Lucca, known as Garfagnana, the "green lungs of Tuscany." From the peaks you can enjoy amazing views that range from the Apenines and the Apuan Alps, to the gentle rolling hills and the medieval villages.

#### Friday

#### Free afternoon to enjoy the city

Please note that the course requires a minimum of two participants.

1 week program - Course price: € 670

special price for one additional week: Italian Language and Culture €180

#### Start dates:

Lucca: Mar 10 - April 7 - May 12, 26- Sept 29 - Oct 13