



Learn Italian, Go Green, Visit Le Marche

SPEAK AND TREK

Experience Duration: half day or full day

Dates: Every Tuesday from April till October (other dates available upon request)

This activity was born with the desire to combine the discovery of the territory with the practice of Italian language: you can practise Italian during beautiful walks to discover Le Marche region, with its small medieval villages and its countryside or admiring the peaks of the Sibillini Mountains, its luxuriant nature among torrents, hermitages, waterfalls and breathtaking views. You will live a unique experience immersed in nature. This one-day course is ideal for lovers of trekking and walking and for all those who love meeting new people and rediscovering the rhythms of nature.

Itineraries:

- Altino - Santa Maria in Pantano

"Tra prati e boschi ai piedi dei Monte Vettore"

(Parco Nazionale Monti Sibillini) - Montemonaco/Montegallo (AP)

Lenght: 8Km / Climb: 200m / Duration: about 4h (including breaks) Difficulty: E

- Piani di Ragnolo

"Praterie e panorami dei Monti Sibillini e delle Marche"

(Parco Nazionale Monti Sibillini) - Acquacanina/Sarnano (MC)

Lenght: 8 Km / Climb: 250m / Duration: about 4h (including breaks) / Difficulty: E

- Pintura di Bolognola - Rifugio del Fargno

"Verso il rifugio più in quota dei Monti Sibillini con vista mozzafiato sul Monte Bove"

Lenght: 12 Km / Climb: 500m / Duration: about 6h (including breaks) / Difficulty: E

- Torre di Palme, bosco del Cugnolo e Grotta degli amanti.

Lenght: 5 Km / Climb: 150m / Duration: about 3h (including breaks) / Difficulty: E

- Pedaso, il monte sul mare.

Lenght: 6 Km / Climb: 150m / Duration: about 3h (including breaks) / Difficulty: E (easy)

- Monte Rinaldo, natura e archeologia. Visita dell'area La Cuma"

Lenght: 7 Km / Climb: 300m / Duration: about 4h (including breaks) / Difficulty: E

The difficulty and duration of the excursions varies depending on the destination.

This activity is organized in collaboration with an Authorized Environmental and Naturalistic Guide. Dates and schedule may vary depending on weather conditions.

